



Dept. of Psychiatry at Boston University Medical Center is **recruiting participants** for a

Yoga and Walking for Depression Research Study



Ages 18-65 ♦ No medications added ♦ You can continue some medications and therapy ♦ You will be paid for your time ♦ Yoga classes designed for beginners

For more information: <http://sites.bu.edu/yog> ♦ yogast@bu.edu ♦ (617) 638-8046